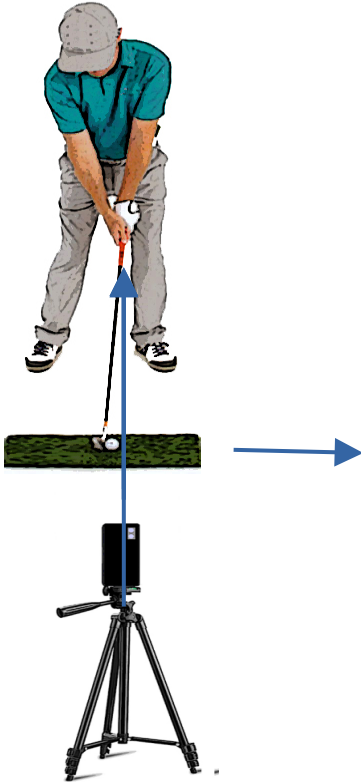


Here's how you easily create video clips of your swing

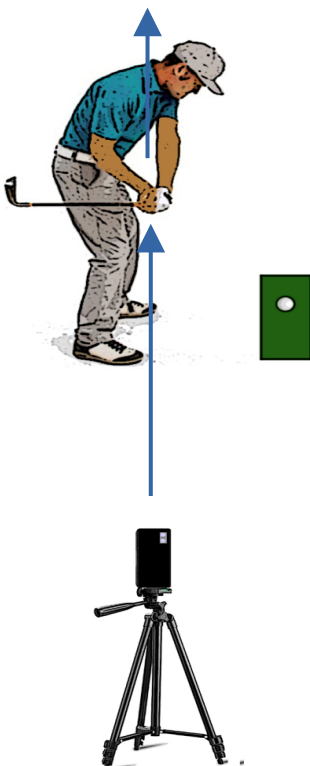
Front and side view



Front View

Position your smartphone or camera vertically at hip height. Use a tripod or, for example, place it on a bag. Ensure it's precisely aligned with your hands and at a 90° angle to the target. Maintain a distance of 2-3 yards between the camera and your hands. Capture your entire body and momentum

*If adjustable,
**record clips in slow motion,
with or without a ball, outdoors or indoors!***



Side View

Even when shooting from the side, the smartphone or camera must be positioned vertically at hip height. The entire body and its momentum must be captured.

Precise alignment with the hands and in line with the target is crucial. The camera, hands, and target should form a straight line.

The more precise the alignment, the more accurate the result!